

Archivos de medicina del deporte

Órgano de expresión de la Sociedad Española de Medicina del Deporte



ORIGINAL ARTICLES

Strength training through split body routines versus full body routines in untrained individuals. A randomized study

Anthropometric characteristics and somatotype profile in amateur rugby players

Effects of blood flow restriction training on bone and muscle tissue: a pilot study

High-performance athletes' attitude towards doping: Validation of the Spanish version of the Performance Enhancement Attitude Scale for Colombia

Effect of supplementation with soy on inflammation and lactic acid induced by exhaustive physical exercise in rats

Association between the Yo-Yo intermittent recovery test and a high intensity intermittent exercise in Argentinian rugby players

REVIEWS

Vascular lesions associated with the padel practice. Paget-Schroetter syndrome

Tailored exercise as a protective tool in cardio-oncology rehabilitation: a narrative review

